

Rolling Programme PHSE
Following 3 Dimensions Planning
 January 2023

Sex and relationships education; Prevent; Substance abuse

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Robins Class Year R/1/2	EYFS	Lessons 1 - 4 "Thank you" and "Sorry"; show feelings; likes and dislikes; happy, sad and cross;	Lessons 5 – 8 Work cooperatively; try new activities; initiates conversations; celebrates individuality	Lessons 9 – 12 Work in a group; talks about ideas; what causes feelings; personal hygiene	Lessons 13 – 16 Bullying is unacceptable; families are special; recognises achievement; own knowledge and understanding	Lessons 17 – 20 people who look after; choosing resources; physically active; physical differences; care for living things	Lessons 21 - 25 say do or don't need help; making good decisions; e-safety; positive relationships; plays cooperatively; impact of actions on the environment
	Year A 2022 - 2023	Y1 Aut 2 Manners; Happiness; Anger; Feelings C2U1L7, C1U4L1, C1U4L2, C2U1L1, C2U1L2, C2U1L3	Y2 Aut 2 Right/wrong; consequences; aspirations; co-operations C2U3L4, C1U4L5, C1U4L6, C2U1L4, C2U1L5, C2U1L6	Y1 Spr 2 Bullying, Unkindness; Behaviour Personal safety; Emotional Safety C2U2L1, C2U2L2, C2U2L3, C2U2L4, C1U5L4, C1U5L4	Y2 Spr 2 Human body & Changes; Physical activity; Exercise C1U3L1, C1U3L2, C1U3L3, C1U3L4, C1U1L5, C1U1L6	Y2 Sum 2 Behaviour; Local citizenship; Responsibility C1U5L1, C1U5L2, C3U3L1, C3U3L2, C3U3L3	Y1 Sum 2 Sun safety; Road safety; Money Responses; Opinions C1U3L6, C1U4L3, C1U4L4, C3U3L4, C3U3L5, C3U3L6
	Year B 2023 - 2024	Y1 Aut 1 Rules/expectation; Friendships, Taking turns; Internet safety C3U1L1, C3U1L2, C1U5L6, C2U4L1, C2U4L2, C3U1L3	Y2 Aut 1 Friendships, Belonging, Staying Safe C2U4L3, C2U4L4, C2U3L1, C3U2L1, C3U2L2, C3U2L3, C2U5L7	Y1 Spr 1 Washing hands, Healthy eating Physical activity, Comparisons C1U2L4, C1U1L1, C1U1L2, C1U1L3, C1U1L4, C2U3L2	Y2 Spr 1 Health & Hygiene Drugs safety C1U2L5, C1U2L6, C1U2L1, C1U2L2, C1U2L3, C1U5L3	Y1 Sum 1 Kindness, Family, Caring Lending/borrowing, Sharing C2U3L6, C2U4L5, C2U4L6, C3U1L6, C3U1L4, C3U1L5	Y2 Sum 1 Emotions, Love Sadness, Money Choices, Enterprise C2U2L5, C2U3L3, C2U3L5, C3U2L4, C3U2L5, C1U3L5
Year A 2022 - 2023	Y4 Aut 1 Online Privacy, Internet use; Gender stereotypes C1U6L4, C1U6L5, C1U6L6, C3U3L1	Y3 Aut 2 Friendships; Loss & Separation C2U5L1, C2U5L2, C2U5L3, C2U5L4, C1U5L1, C1U5L2	Y4 spr 1 Balanced diet; Working with food C1U3L1, C1U3L2, C1U3L3, C1U3L4	Y3 Spr 2 Clear messages; How to listen; Communities C2U1L1, C2U1L2, C3U2L1, C3U2L2	Y4 Sum1 Identify strengths; Self-respect; Setting goals C1U4L1, C1U5L6, C1U4L2, C1U4L3, C1U4L4	Y3 Sum 2 Health, Physical; Lifestyle, Working together; Shared goals C1U2L1, C1U2L2, C1U2L3, C2U2L1, C2U22, C2U2L3	
Owls Class Year 3/4	Year B 2023 - 2024	Y3 Aut 1 Rules; Thinking ahead; Taking the lead C1U6L1, C1U6L2, C1U6L3, C3U1L1, C3U1L2, C3U1L3	Y4 Aut 2 Frustration, Self-worth; Persistence & resilience; Negative persistence; Feelings C2U3L1, C2U3L2, C2U3L3, C2U3L4, C1U5L5	Y3 Spr 1 PEM-I am who I am; PEM- Hearts and Minds, PEM-3 in 1; Sleep C1U1L1, C1U1L2, C1U1L3, C1U2L4	Y4 Spr 2 Responding to others; Expressing opinions; loss/separation; Family changes C2U1L3, C2U1L4, C1U5L3, C1U3L4	Y3 Sum 1 Puberty, Changes; How to help; Emergency calls C1U7L1, C1U7L2, C1U8L1, C1U8L2, C1U8L3	Y4 Sum 2 Connections; Family links; Religious views, Diversity; Money choices; Managing money C2U4L1, C2U4L2, C2U4L3, C2U4L4, C3U4L1, C3U4L2
Year A 2022 - 2023	Y6 Aut 1 Identified strengths; Setting goals; Internet safety C1U3L1, C1U3L2, C1U3L3, C1U3L4, C1U5L6 Extremism & radicalisation – 5 lessons	Y5 Aut 2 Death & Grief; Managing conflict; Community event C1U4L1, C1U4L2, C1U4L3, C3U2L1	Y6 Spr 1 Physical Illness; Immunisation Marriage C1U1L4, C1U1L6, C2U4L3, Substance related abuse – 5 lessons	Y5 Spr 2 Physical, Emotional & Mental; Confidentiality; Listening, responding C1U1L1, C2U1L1, C2U1L2, C2U1L3	Y6 Sum 1 Budgeting Consumer sense; C3U4L1, C3U4L2 Relationships & Sex Education	Y5 Sum 2 Responding; Shared goals; Community Spirit; Basic first aid C2U2L1, C2U2L2, C2U2L3, C1U5L5	
Kingfishers Class Year 5/6	Year B 2023 - 2024	Y5 Aut 1 Structure, Law & Order, U.N. Rights; Online relationship Drugs & Alcohol C3U1L1, C3U1L2, C3U1L3, C2U4L5, C1U5L1, C1U5L2 Extremism & radicalisation – 5 lessons	Y6 Aut 2 Race & Ethnicity; Gender stereotypes; Culture C2U3L1, C2U3L2, C2U3L3	Y5 Spr 1 Puberty; Healthy lifestyles; Tobacco; Substance abuse C1U1L2, C1U1L3, C1U5L3, C1U5L4 Substance related abuse – 5 lessons	Y6 Spr 2 Healthy Minds; Mental wellbeing; Support & Care C1U1L5, C2U4L4, C2U4L2	Y5 Sum 1 Food choices; Cooking; Physical Contact C1U2L1, C1U2L2, C1U2L3, C2U4L1 Relationships & Sex Education	Y6 Sum 2 Making money Raising money